



# GVR Metropolitan District

## COFFEE & CHAT CLUB

CALLING  
ALL SENIORS  
AND ACTIVE



Come join us for coffee, plus an informative chat  
every 2nd Wednesday of every month  
from 2:00-4:00 P.M.  
at the GVR Metropolitan District Office, located at  
18650 E. 45th Avenue, 80249.

### DISCUSSION TOPICS

(Topics are subject to change)

March 10th	Reduce Your Home Energy Cost
April 14th	Understanding Alzheimer
May 12th	Intro to Facebook/Twitter
June 9th	Personal Safety & the DPD
July 14th	Retirement Option and Investment Strategies

**FOR MORE INFORMATION PLEASE CONTACT  
LA VETTA MURRAY,  
COMMUNITY PROGRAM MANAGER AT  
303-307-3243 OR VISIT OR WEBSITE AT  
[www.gvrmetrodistrict.com](http://www.gvrmetrodistrict.com)**